Global Handwashing Day is October 15

WHEN

Before, during, and after preparing food.
Before eating food.
Before and after treating a cut or wound.
Before and after caring for someone who is sick.
After changing diapers or cleaning up a child who has used the toilet.
After handling pet food or pet treats.
After using the toilet.
After touching an animal, animal feed, or animal waste.
After touching your nose, coughing, or sneezing.

WHY

The spread of many diseases and conditions is diminished by washing hands with soap and clean, running water.
People frequently touch their eyes, nose, and mouth without even realizing it.
Keeping hands clean is one of the most effective steps we can take to hinder the exchange and spread of disease causing germs.
Germs can get into the body through the eyes, nose and mouth and make us sick.

HOW

WET

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

LATHER

Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.

SCRUB

Scrub your hands for at least 20 seconds. Need a timer? Hum the ‘Happy Birthday’ song from beginning to end twice.

RINSE

Rinse your hands well under clean, running water.

DRY

Dry your hands using a clean towel or air dry them.

Technologies like Dow’s POLYOX™ Water Soluble Polymers help create soaps that last longer, provide better value and still feel great on the skin.